

# SOP FOR CONDITIONAL MOVEMENT CONTROL ORDER IN KUALA LUMPUR, PUTRAJAYA AND SELANGOR

## Activities Allowed

- All Economic and Industries
- Perform Government Official Duties
- Obtain Health Services/Emergency Matters/Death

## Activities Not Allowed

- List of prohibited activities
- Outward Movement of residents from CMCO areas besides the activities that are allowed.
- Inward movement of residents from outside CMCO areas besides the activities that are allowed.

Effective Time

24 Hours

Allowed Activities Time

As stated in the brief description below

Population Movement

Allowed with condition

### ACTIVITIES & PROTOCOLS

Action	Brief Description
Affected Areas	Kuala Lumpur, Putrajaya, Selangor
Effective Period	27 <sup>th</sup> October 2020 (starting 12.01 am) to 9 <sup>th</sup> November 2020 (11.59pm)
Movement Control	<ul style="list-style-type: none"> <li>• Royal Malaysia Police is responsible for exercising control over infected local areas with the assistance of Malaysia Civil Defence Force (APM), Malaysian Volunteer Corps Department (RELA) and Malaysian Armed Forces (ATM).</li> <li>• Only two persons from the same household are allowed in a single vehicle for basic necessities, food, health and other needs. High-risk adults and children are not encouraged to go to public areas, open and crowded.</li> <li>• Activities and services at all airports and ports are allowed to operate.</li> <li>• For air travel via KLIA, KLIA2 and Subang Airport, individuals need approval from PDRM beforehand.</li> <li>• Vehicles transporting essential goods and services are allowed to enter and exit. The number of passengers allowed in such vehicle depends on the commercial vehicle registration license.</li> <li>• Taxi / e-hailing services (maximum only 2 passengers) and food delivery services are allowed to operate from 6.00 am to 12.00 am throughout the CMCO period.</li> <li>• Express bus services and multi-stops bus, LRT, MRT, ERL and Monorail operations are allowed.</li> <li>• For emergency cases such as illness and death, these are allowed but are required to submit movement application to the Royal Malaysian Police. The number of passengers depend on the emergency situations.</li> <li>• Any individual originating from CMCO area is allowed to return home in the CMCO area with the permission from the Royal Malaysian Police.</li> <li>• Movements to Selangor, K.L and Putrajaya to reach other states are allowed but requires permission from the nearest police station. The number of passengers depend on the vehicle capacity.</li> <li>• Comply with the tightened SOPs in CMCO areas</li> </ul>

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## Standing Instructions

- Act 342
- Subject to the regulations issued by National Security Council and Ministry of Health
- Instructions and regulations under the local authorities
- Other instructions from time to time issued by the Health Director General

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### ACTIVITIES & PROTOCOLS

Action	Brief Description
Activities in the CMCO Area	<ul style="list-style-type: none"> <li>• Only two people are allowed to leave the house for the purpose of obtaining food supplies / household necessities. People who are of the high risk category are not encouraged to go to public, open and crowded areas.</li> <li>• Business and daily activities can run as usual.</li> <li>• Supermarkets, shopping malls and retail stores can operate according to the SOPs</li> <li>• Restaurants, shops / eateries, food trucks, street hawkers, moving hawkers, food courts, roadside kiosks, grocery stores and convenient stores are allowed to operate between 6.00 am to 10.00 pm.</li> <li>• Purchase of food is encouraged to adopt drive-thru, food delivery or take-away only. <b>Dine in is allowed with maximum of 4 customers per table, with compliance to the SOPs of the food sector.</b></li> <li>• Gas station operating hours are between 6.00 am to 10.00 pm, except highway petrol stations which can operate 24 hours a day.</li> <li>• Daily market operations are between 6.00 am to 2.00 pm only.</li> <li>• Wholesale market operations are between 12.00 am to 5.00 pm only.</li> <li>• Farmers market operations are between 6.00 am to 12.00 pm, with the supervision of The People's Volunteer Corps (RELA).</li> <li>• Night market operations are allowed from 4pm to 10pm with the supervision of The People's Volunteer Corps (RELA).</li> </ul>

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<b>ACTIVITIES &amp; PROTOCOLS</b>					
Action	Brief Description				
Health and Medical Services	<ul style="list-style-type: none"> <li>• Private and government clinics and hospitals can operate 24 hours a day</li> <li>• Pharmacies and medicinal shops can operate from 8am to 11pm</li> </ul>				
Social Distancing	<p>Ensure customers practice social-distancing of 1 metre apart in premises</p> <p>Limit the number of customers in premise at one time and to display the maximum number of customers allowed in the premise</p>				
Work-related Activities	<p>Cross-district movement is not allowed. Only employees with a valid pass or approval letter from employer are allowed to travel to work and perform work-related duties</p> <p>Employees with a valid pass or approval letter from employer are allowed to travel to work and perform work-related duties in CMCO areas.</p> <p>Employers have to obey government orders and encourage employees to work from home, especially for work that can be done from home.</p> <p>Vehicles which transport employees are allowed to operate with the compliance of SOPs.</p>				
Sports & Recreational Activities	<p>Contactless and individual sports, of not more than 10 people such as e-sports, walking, jogging, cycling, aerobic exercise, hiking, fishing and others that are done in an open space/area are allowed. <b>Limited to 5 persons only in Selangor.</b></p> <p>Hiking activities at all hiking locations at Selangor are not allowed (excluding hiking areas under the Selangor Forestry Department)</p> <p>Activities at commercial football field, gymnasiums, futsal courts and commercial badminton halls are allowed with operating of between 6.00am to 10.00pm by following the Sports &amp; Recreation Sectors SOPs.</p> <p>Approval to operate and use the facilities of football and futsal fields by the public is limited to training activities that does not involved physical touching and for maximum of 10 persons only. All operators need to schedule the training if there are more participatns by limiting the numbers to not more than 10 persons at any time.</p> <p>Centralized training programs that are organised by the National Sports Council and State Sports Council can continue with a “Quarantine Based Approach”, as conducted in MSN Complex in Bukit Jalil and Keramat, Badminton Academy Malaysia, Bukit Kiara and Paralympic Sports Center, Kg. Pandan.</p>				

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Action	Brief Description
Economic and Industrial Sector Activities	Economic and Industrial Sector Activities in CMCO areas have to operate as usual with compliance to SOPs which have been established. All vehicles for industrial, business, factories purpose are allowed to operate, including cross-district/state travel
Fisheries, Plantation and Agriculture	Sectors related to Fisheries, Plantation, Agriculture, Livestock and Food-Supply Chain can operate.
Other Activities	All other activities which are not included in the <b>List of Prohibited Activities/Negative List</b> are allowed to operate based on the established SOPs.

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### ACTIVITIES & PROTOCOLS

#### Action

#### Brief Description

#### List of Prohibited Activities

##### Religious Activities

All religious activities in the mosque, prayer room, and non-Muslim religious sites are not allowed. Mosque and prayer rooms are only allowed to make the call to prayer, including the Imam to perform the daily prayers, with the number of participants as determined by the Mosque Committee. Management and workers at all non-Muslim religious houses are allowed for 6 persons only.

##### Entertainment activities

Activities at night clubs and pubs, theme parks, indoor playgrounds and cinemas are not allowed. Activities of musical recordings, concerts, filming, interviews and as such are allowed whether at studio recording or outdoors as long as social distancing is practised and without spectators.

##### Sports and Recreational Activities

Activities of picnics, swimming, physical touching, team tournaments and organisation of championships/tournaments are not allowed. Sports and recreation activities involving crowds and difficulty in maintaining social distancing are not allowed. Sports events and tournaments with attendance of spectators, and those involving participants from overseas are not

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<b>List of Prohibited Activities</b>	
Seminars & Workshops, Conference, Exhibition	All Seminars & Workshops, Conferences, Exhibition, Lectures, Training, Courses and activities related to Meetings, Incentives, Convention and Exhibitions (MICE) are not allowed. In service training can operate within the institutes only.
Meeting	Physical/face-to-face meetings are not encouraged. Virtual meetings are encouraged.
Organizing Mass Events	Official and unofficial government and private ceremonies, social events, like wedding reception, wedding and engagement, and all Muslim related functions/special gatherings, birthday parties, reunions, anniversaries and other social events are not allowed.
Tourism	Tourism activities outside and inside CMCO areas are not allowed State travel among locals and entry of foreigners into Malaysia for tourism purpose/activities (except those declared by the Minister) are not allowed.
Education	Government and Private Higher Learning Institutions, Vocational Schools, Normal Schools, Kindergartens, Nurseries, ChildCare Centres, Religious Schools are closed during this period. Students from higher learning institutions who will be sitting for examinations with overseas institutes are allowed to do the exams but not participate in classes.
Other prohibited activities	Any activities which involve a large audience to attend a specified venue which makes it difficult for social-distancing and compliance with MOH's orders to take place are not allowed. Other matters that the government announces from time to time.